# Community Health Fair

& Fun Run

at UPLANDS

VILLAGE



Thursday, May 4th, 2017
From 7am - 12pm

11:30 -Guest Speaker, Dr. Shah, CMC Interventional
Cardiologist - Lunch Following
Adshead Hall, 40 Fletcher Drive, Pleasant Hill, TN

- Blood Pressure Readings
- Glucose Readings
- Drug Take Back Services
- Massages
- Healthy Food Samples
- And Much More!
- Light Lunch Provided After Dr. Shah's Health Talk

Join us for the 3rd Annual Uplands Village Multi-Generational Fun Run which begins at 4pm



#### Services, Screening & Information from:

Avalon Hospice, Caris Healthcare, Cumberland County Sheriffs Dept., CMC Lab, CMC Breast Center, CMC Outpatient Therapy & Endoscopy, Functional Pathways Therapy, Medic Regional Blood Center, Nature's Way Massage, Wharton Nursing Home, Fletcher House Assisted Living & Memory Care, Quality Home Health, Uplands Village Services, Uplands Village Marketing, Uplands Village Home Health, Morrison Community Living, Adding more daily!

# Cumberland Medical Center Health Screening

### <u>7am – 12 noon</u>

## Uplands Village Health Fair

Procedure	Price
Blood Pressure	Free
Pulse Oximetry Readings	Free
Glucose Finger Sticks	Free
$CBC- \hbox{Complete Blood Count (WBC, RBC, Hgb, HCT, \& Plt)}$	\$ 15
ABO & Rh Blood Type	\$ 15
*CMP – Comprehensive Metabolic Profile (General tests, Kidney screen, Liver screen, Protein tests, and Electrolytes)	\$ 15
B12 Test	\$ 15
Hemoglobin A1c — Diabetic Screening	\$ 15
*Lipid Profile — Cholesterol, Triglyceride, & HDL	\$ 15
PSA — Prostate screening	\$ 27
Thyroid Profile — T3-Uptake, T4, TSH	\$ 40
Vitamin D Screening	\$ 50

<sup>\*</sup>Fasting is required for the Cholesterol and Lipid Profile and the Complete Chemistry Profile.



Cash
or
Credit Card
(at time of service)